Hunting black swans in Global health



Ebola a well prepared disaster

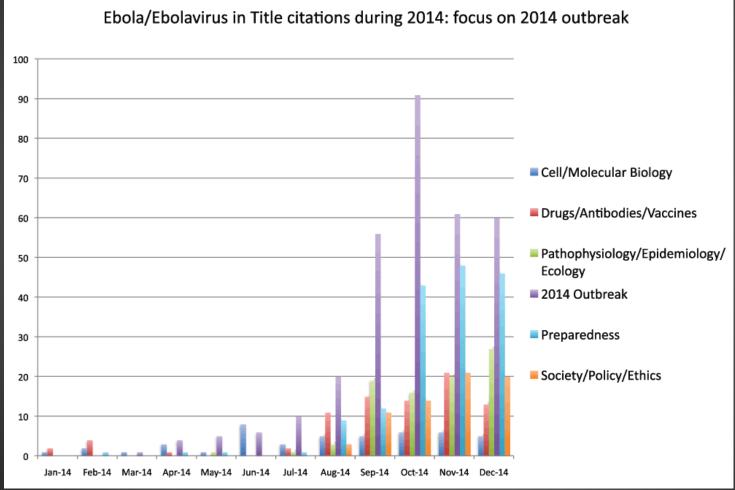
Morten Sodemann, professor of global health Center for Global Health, University of Southern Denmark

Ebola: The epidemic of epidemics

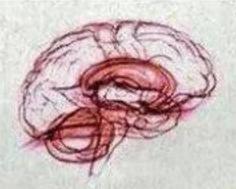
- Epidemic of swing door poverty
- Epidemic of misunderstanding
- Epidemic of orphans
- Epidemic of the unexpected
- Epidemic of mismanagement
- Epidemic of poverty terror

An epidemic of publications

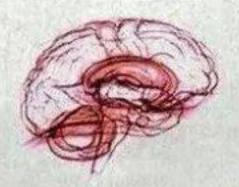
Figure S20. Subjective classification for current outbreak focus or, alternatively, for the indicated...







THE HUMAN BRAIN IS AWESOME IT FUNCTIONS 24 HOURS A DAY FROM THE DAY WE ARE BORN



THE HUMAN BRAIN IS AWESOME **IT FUNCTIONS 24 HOURS A DAY** FROM THE DAY WE ARE BORN AND ONLY STOPS WHEN **WE ARE TAKING AN EXAM**

Willfull blindness Failing to see patterns & ignoring facts

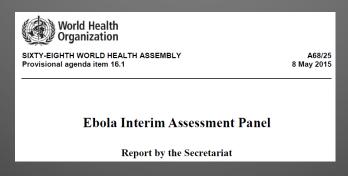
"Ebola
is *always* a highly localized, *short-term*,
typically *rural* event"

Making old lessons new!

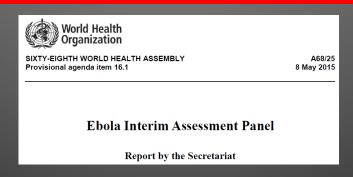
All maps from Guiné contradicted this by showed every sign of of epidemic expansion.

But local health authorities, Ministry of health and the local WHO stuck to the doctrine in spite of thefoverwhelming acts in spite of thefoverwhelming acts typically rural event"

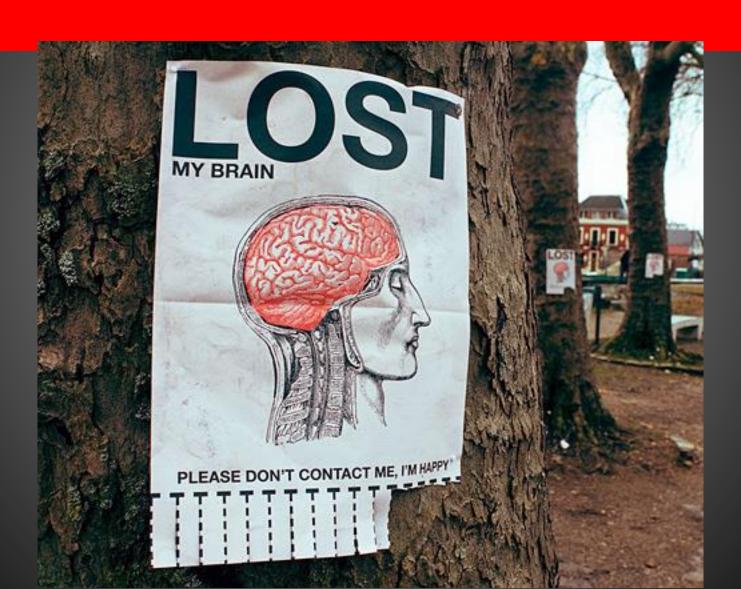
"It is unclear to the panel why early warnings, from May through to July 2014, did not result in an effective and adequate response"

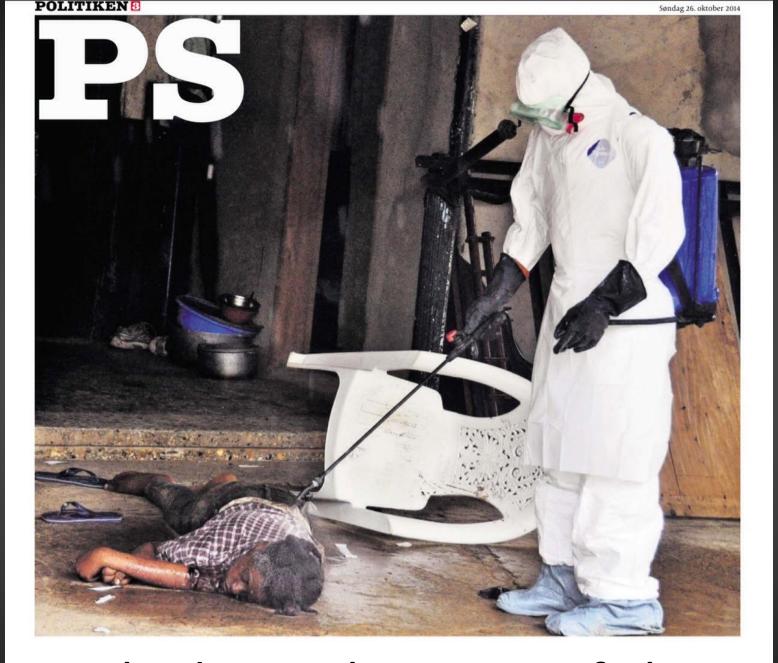


"Although WHO drew attention to the 'unprecedented outbreak' at a press conference in April 2014, this was not followed by international mobilization and a consistent communication strategy"



Global Health doesn't have a brain



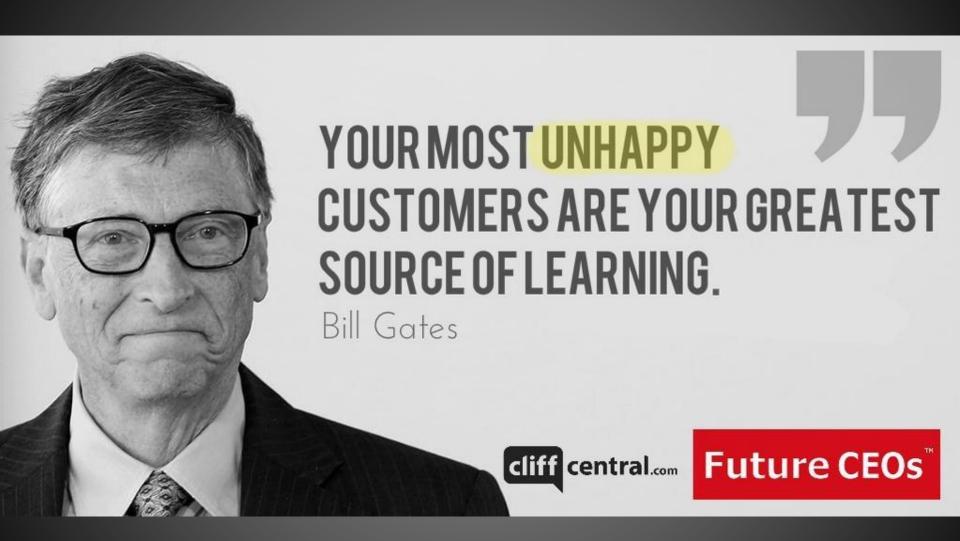


UN had complete organ failure

Beyond the public narratives



and the obviously bad international performance



IM NOT TOTALLY USELESS.

I CAN
BE USED AS A
BAD EXAMPLE.





Nassim Nicolas Taleb's metaphor for unexpected financial events. Extended the concept to describe high-profile, difficult to predict rare events in history and present



an outlier, as it lies outside the realm of regular expectations

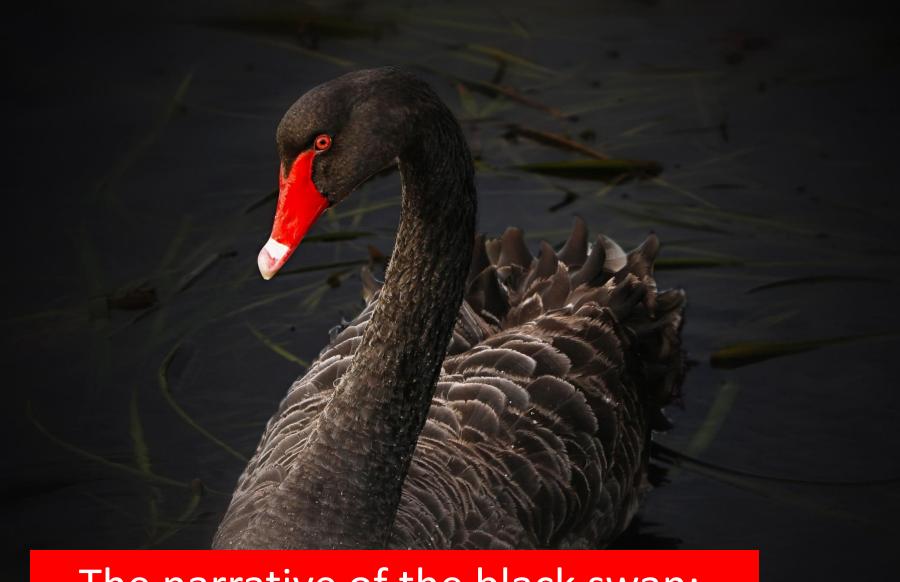


2 It carries an extreme impact



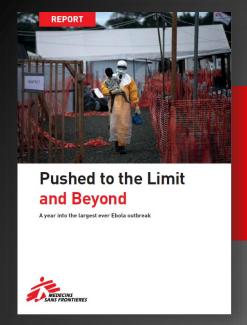
3

in spite of its outlier status, human nature makes us invent explanations for its occurrence after the fact, making it explainable and predictable



The narrative of the black swan: a political tool when we fail big time





MSF: A perfect storm

Ebola outbreak was a perfect storm: cross-border epidemic in countries with weak public health systems that had never seen Ebola before



"For the Ebola outbreak to spiral this far out of control required many institutions to fail. And they did, with tragic and avoidable consequences."

-CHRISTOPHER STOKES | MSF GENERAL DIRECTOR

7 genes did what politicians & media failed

- Revealed countries' lack of political commitment to global health security
 - Destroyed WHO's credibility
 - Highlighted non-compliance with international health law

7 genes stripped global health research naked

Medical research and development model *ill suited* to address the world's health priorities

7 genes that showed us we need more of what we haven't got

We wait for biomedicine to fail – THEN we call in social science

Social Pathways for Ebola Virus Disease in Rural Sierra Leone, and some Implications for Containment

By PLOS Neglected Tropical Diseases Posted: October 31, 2014

The origin of the Ebola outbreak in West Africa has been traced to the likely confluence of a virus, a bat, a two-year-old child and an underequipped rural health centre in Guiné – and fatal global ignorance



The outbreak of Ebola in Eastern Sierra Leone in May 2014 is a result of a

socioeconomic, religious, cultural, and political accident

The outbreak of Ebola in Eastern Sierra Leone:

Sierra Leonean herbalist went to the Republic of Guinea to dispense herbs to a sick person who turned out to be an Ebola victim and eventually died. The herbalist returned to Sierra Leone and fell sick; she also died and was given an traditional honorable burial. Hundreds of mourners came from nearby towns, which resulted in as many as 365 deaths being linked to the funeral and, triggered the subsequent Ebola epidemic in the country

Demography, patterns of land use and of human-wildlife interaction are all implicated in zoonotic 'spillover' events, but cannot be generalised across cases and localities

7 genes that exposed us to structural violence in health

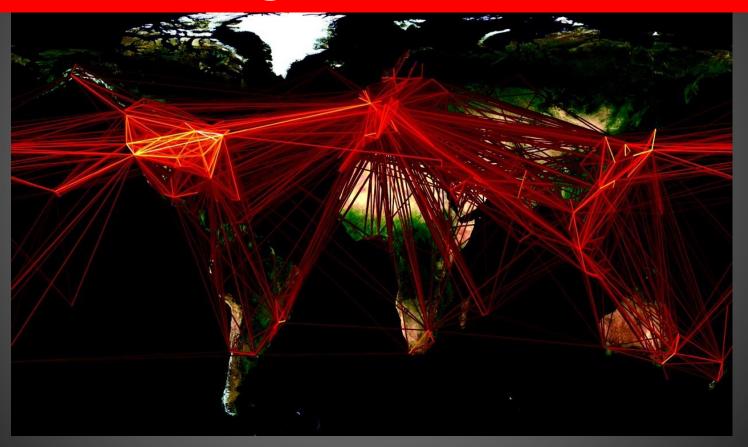
causing harm by preventing people from meeting their needs and by focusing on low risk groups

7 genes that exposed total global vulnerability

We are only as safe as the most fragile states

incubation period longer than even the farthest plane ride

7 genes that put migration back into global health



New and better prediction models needed

7 genes that rocked the world

Destabilized several countries

Exposed failure of African WHO

Exposed that social determinants also act at country and regional level

7 genes that made history

With delay the UN declared it a *threat to international peace and security* (second time in history) – but it took a cross atlantic case

7 genes that pacified pacifists

Doctors without Borders (and other NGOs) called for a military response to the Ebola epidemic, after 43 years of discouraging military intervention in other humanitarian crises.

7 genes that did what superpowers failed

Fundamental reform of WHO Global emergency response fund

7 genes made more noise than the really big killers

HIV/AIDS, malaria, TB, diarrhoea

What kills us

may be very different from what frightens us or substantially affects our social systems

The inverse mortality risk

Health care workers, lacking necessary equipment to provide safe treatment, were dying at even faster rates than patients



Was the epidemic a black swan?

NO!

A well prepared disaster that we were warned about

The New Hork Times



Hvis du har værdipapirinvesteringer for mere end 2,5 mio. kroner, kan du down guide, skrevet af "Forbes" skribenten og formueforvalteren Ken Fishers firma. Staller, skrevet af "Indebeder denne guide vigtige undersøgelser og analyser bruse med det samme. Den er uundværlig!

ISHER INVESTME

The Opinion Pages | OP-ED CONTRIBUTORS

Yes, We Were Warned About Ebola

By BERNICE DAHN, VERA MUSSAH and CAMERON NUTT APRIL 7, 2015



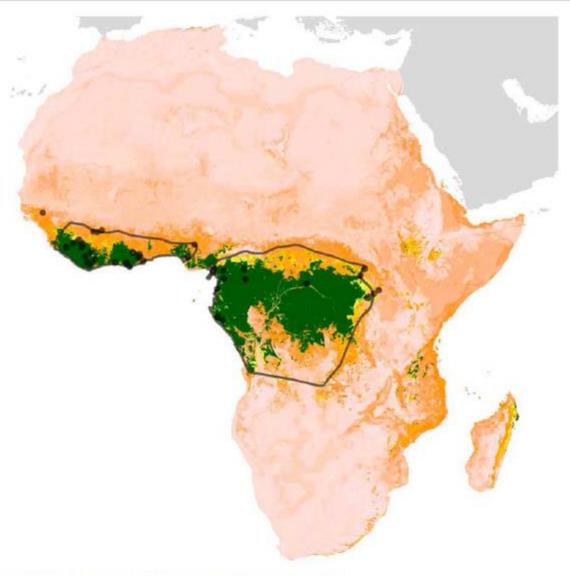
Paper from **1982**: Annals of Virology

"The results seem to indicate that Liberia has to be included in the Ebola virus endemic zone. Medical personnel in Liberian health centers should be aware of the possibility that they may come across active cases and thus be prepared to avoid nosocomial epidemics"

Ebola virus in bats and humans in West Africa since 2005 (at least)

Human blood samples collected in Sierra Leone, Liberia and Guinea between 2006 and 2008 from patients with suspected Lassa fever but tested negative for Lassa virus & malaria found that 8.6 per cent, of 220 samples tested were positive for Ebola Zaire antibodies

Territorial Range of Fruit Bats Implicated in the Ebola Epidemic of 2014.



The extent of the map is roughly congruent with the area most affected by the virus. Source: Pigot DM, Golding N, Mylne A, et al. ELife. 2014;10.7554/eLife.04395. http://elifesciences.org/content/early/2014/09/05/eLife.04395.

Not a new virus or a sudden mutation

The virus doesn't decide on it's own whether it wants to be severe

It has the potential – but human behaviour and the environment decides

Humans change behaviour and their environment

That could be the black swan



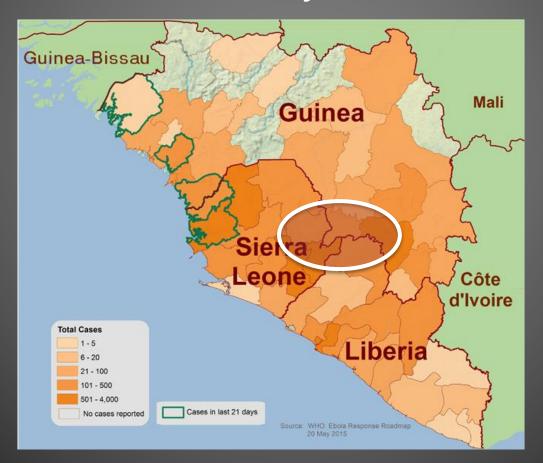
Measles, Cholera, TB and Dengue

Can also change severity and come up with surprise attacks caused by changes in human behaviour

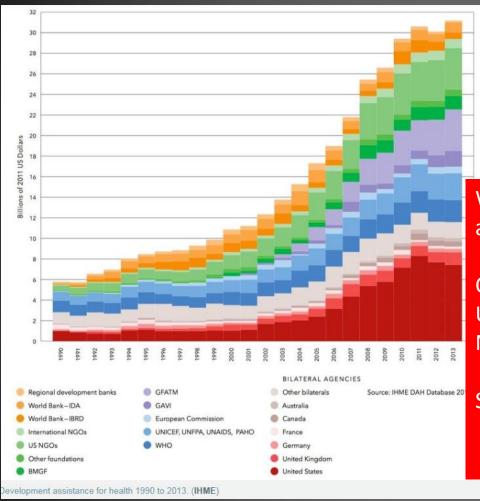
The new normal is crises

Caused by our lack of understanding of human behaviour & it's consequences

"Where the borders of the three countries intersect is now the designated hot zone, where transmission was intense and people in the three countries continued to reinfect each other"



Who's to blame for WHO failure?



WHO funding levelled off after 20 years of constant increase

Other global health investors have grown US and other channel more funding to National research and GH organisations

Shifted balance of power away from the WHO



http://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(15)60968-0.pdf

Offline: Delivering a new future for Africa











Post-Fhola commentators have been given permission. to say in public what they have thought in private for a long time-namely, that WHO's Regional Office for Director for WHO AFRO, Dr Moeti, who is motivated for Africa (AFRO) has a record and reputation for failure change. She wants to strengthen health and economic second to none in global health today. In advance of an security in Africa, and she intends to deliver on the promise unprecedented meeting convened by the new Regional of the Sustainable Development Goals for the continent. Director for WHO AFRO, Dr Matshidiso Moeti, earlier She knows that her first priority must be to re-establish this month, I asked a group of Africa health experts for confidence in WHO AFRO among key partners, especially their views on WHO's work on the continent. WHO AFRO those who might consider investing in WHO's work. One does have strengths. Most importantly of all, its country decision shows her commitment to working differently. offices. Africa has one of the fastest growing collections She has appointed an Independent Advisory Group, of national economies in the world today. It has chaired by Francis Omaswa and Helene Gayle, to give her progressively expanding scientific capacities. Yet for all strategic advice on WHO AFRO and "on mechanisms to of these advantages, WHO AFRO is not well respected. support improved health systems performance of Member Its performance has been a persistent disappointment. States towards better health outcomes". The group met It can claim no important or substantive wins from its for the first time earlier this month in Johannesburg (full work. It is seen as a large bureaucracy with little impact. disclosure: I am one of 16 members). Two important There has been no effective leadership for decades. strands of work emerged. First, to embark on ambitious Staff are "decent but unambitious", and are therefore internal reforms, changing the culture of WHO AFRO to not respected for their competency. One disadvantage one of accountability for results and resources. Second, is the location of the Regional Office in Brazzaville, to implement a 10-year African Health Transformation Congo. It is isolated, distant, and remote, characteristics
Programme. One aim of this initiative is to deliver that are said to be true of the entire organisation. universal health coverage across 47 countries. Dr Moeti WHO AFRO needs to be brutally honest with itself, our and her Advisory Group want to make Africa a destination advisers suggested. A poor history of Regional Directors. for leadership in health. The Lancet will make its contri-A low talent pool across the organisation. Corrupt bution to this vision through our Commission on the appointments made as rewards for past service, instead Future of Health in Sub-Saharan Africa. This Commission, of on merit. Donor voices that dominate because there chaired by Peter Piot, includes leading African voices is no clear strategy from WHO AFRO's leadership. And on health and medical science. Last week in London, basic public health functions in countries that have been Tumani Corrah, Peter Lamptey, Nelson Sewankambo, ignored or neglected. To worsen WHO AFRO's influence Alex Ezeh, Bongani Mayosi, Bright Simons, and still further, the Regional Office has a poor relationship Nduku Kilorzo met with Peter Piot and others to consider with WHO's headquarters in Geneva. WHO AFRO has the What they could do to add value to existing efforts to largest regular budget of any WHO region, but there is scale up action on health in Africa. The Commission will little or no accountability about how its funds are spent. complete its work this year, and we plan to launch its The prospects for WHO AFRO are bleak: an accelerating findings early in 2016. The next few years will be decisive brain drain, declining self-determination as a continent, for Africa. There is also every prospect that a new Directorand a chronic erosion of trust and confidence. Yet for General of WHO, succeeding Margaret Chan in July, 2017, all of these dismal weaknesses, the country devastation will come from the continent. Now is therefore not the and institutional crises precipitated by Ebola have time for armchair criticism of WHO AFRO or African efforts created a remarkable opportunity-to lead change, and to advance health on the continent. Now is a moment to to promote transparency and accountability, around a join hands and get to work for Africa. clear set of new priorities for Africa. Does such a vision suggest a rationally optimistic outlook or simplistic Richard Horton

There is one reason to be hopeful: a new Regional

richard.horton@lancet.com

Failure second to none....

WHO's Regional Office for Africa (AFRO) has a record and reputation for failure second to none in global health today."

Richard Horton, Chief Editor, The lancet



WHO building the black swan narrative

Margaret Chan WHO Director-General's speech at the Sixty-eighth World Health Assembly 18th May 2015

The world was ill-prepared to respond to an outbreak that was so widespread, so severe, so sustained, and so complex. WHO was overwhelmed, as were all other responders. The demands on WHO were more than ten times greater than ever experienced in the almost 70-year history of this Organization.



http://www.who.int/dg/speeches/2015/68th-wha/en/

"A rapidly transmitted disease in the world's poorest countries, that's what WHO was created for, and it just utterly failed. It was unconscionable."

- Lawrence Gostin, a professor of global health law at Georgetown University



Margaret Chan WHO Director-General's speech at the Sixty-eighth World Health Assembly 18th May 2015

The world was ill-prepared to respond to an outbreak that was so widespread, so severe, so sustained, and so complex. WHO was overwhelmed, as were all other responders. The demands on WHO were more than ten times greater than ever experienced in the almost 70-year history of this Organization.

http://www.who.int/dg/speeches/2015/68th-wha/en/

"WHO does not have the operational capacity or *culture* to deliver a full emergency public health response" (Draft of external review of WHO ebola response)

Outdated institutions tackling future challenges

Challenges—Outdated Institutions

We are chasing the whirlwind of 21st century diplomacy with an international system still tethered to 19th century patterns of state behavior and cooperation. Caught in the middle are intergovernmental organizations, such as WHO, which appreciate the disease trends but remain accountable to sovereign states and their interests.¹⁵

> Professor David P. Fidler, in Evidence to UK House of Commons Select Committee

We live in a star wars civilization with Stone
Age emotions, medieval institutions and
Godlike technology

Edward Wilson. The Social conquest of earth. Liveright 2013

2002:

Chinese authorities lied about SARS cases for fear of trade & tourism effect

2004:

Thailand with held information on avian flu cases for fear of tourism

2014:

Ebola epidemic declared March 2014, WHO aware but didn't declare emergency until 8th of August for fear of interrupting tourism, making affected countries angry and for fear of interfering with annual pilgrimage to Mecca

Experience is a ticket to a train that has already left

Ebola teams from Uganda were not wellcome in Liberia: their experience from 7 epidemics was unwanted

6 lessons we refuse to learn

1. Impact

Uncontrolled pandemics are devastating

- 1918 influenza pandemic killed 50 mill people within a year
- HIV/Aids has killed 40 mill since 1981
- Pandemics disrupt societies and economies and cause widespread secondary effects

2. Inequalities Pandemics love poverty

Pathways by which poverty increases risk

include: inadequate sanitation, poor nutrition, crowded living conditions, lack of healthcare services, poor infection control, lack of public health infrastructure and poor governance

3. Uncertainty

The emergence, origin & transmission routes of individual pandemics is unpredictable

Uncertainty around transmissibility of new infectious agents and seriousness (case fatality) during early stages

4. Controllability

Most pandemics can be controlled but socio-economic and environmental context, speed and preparedness can change that

5. Panic & rage

Fear is natural with new threats.

Frequently translates into panic and outrage in the face of pandemic diseases

6. Media

Social epidemics, panic and fake facts spread fast.

Effective risk communication is key to managing this response.

Politicised epidemics: Sierra Leone

When the first cases emerged in Kailahun, heartland of the main opposition party, they prompted rumours: country's ruling party had set up 'death squads' to take whole communities to treatment centres in order to administer a lethal injection

Politicised epidemics: Liberia

People accused President Ellen
Johnson Sirleaf of deliberately
poisoning citizens and of
exaggerating the scale of the
epidemic in order to receive
international donor money

Evidence doesn't solve any problems

People talking to people do

Researchers, public health officials and WHO should have and could have imagined

How Ebola would explode in an African suburban slum area

Looking around corners

More creative imagination needed in considering future infectious disease scenarios and in planning

Research funders are responsible

Governments and organizations that fund global public health should support research that explores **Black Swans**

Ebola in west Africa: learning the lessons

The region has presented unforeseen challenges, and the three worst affected countries have put n place different response strategies. Anna Petherick reviews some of the lessons learned so far

outbreak in west Africa is a salutary to Guéckédou. By mid-June, a Huge praise is due to those who have statement about the lack of infectious rumour became widespread that responded to the Ebola outbreak disease surveillance capacity in one of anniversary of the first case passed in December, 2014, yet that of the first fact spraying the disease's causative several glaring lessons to be heeded laboratory confirmation of the virus agent. Riots ensued. Eventually, next time. To be sure, there was no won't be until March 23, 2015. In the intervening period last year, cholera and then Lassa fever were thought to called Forecariah, leading WHO species, would appear so far away be the more likely suspects. When the epidemiologists to flee for their lives. from its usual range, and its dynamics diagnosis finally arrived, it came not from a facility in the region, but from the Institut Pasteur in Lyon, France. By that stage, people had succumbed to the virus not only in Guinea, but of the most serious kind of also in two more countries, Sierra Leone and Liberia-a spread that was not, at that point, detected, investigated, or reported to WHO. These three countries have now each witnessed deaths in the thousands.

Too late

were lost soon after, largely because while, doctors and administrators trade where the borders of the Sans Frontières (MSF) hired anthropologists to try to get the message across in Guéckédou, the district at the epicentre, but locals did not want to be traced. In early April, a mob attacked an MSF treatment facility believing that its staff were introducing the disease

infection-control teams spraying in west Africa. At the same time, See Editorial page 578 the world's poorest regions. The 1 year chlorine were wearing head-to-toe the retrospective analysis that is protection because they were in just beginning has already revealed an army of 3000 heavily armed

> no Level 3 emergency was declared—the UN classification humanitarian problem..." And when it became time to

were skyrocketing, and to call for and tested containment methods are substantial international backup, the Opportunities to contain the virus experts, no Level 3 emergency was challenge. The ratio of doctors to declared—the UN classification of the patients is about two per 100 000. Civil of a lack of trust between local most serious kind of humanitarian communities and the officials and problem-and, as a result, the usual, medical professionals trying to international disaster response damage to hospital facilities and to nip the epidemic in the bud. For a mechanisms were never triggered. Mostly behind the scenes, there knew the identity-and hence the has been heavy criticism of WHO's seriousness-of their viral enemy, apparent reluctance to acknowledge and the outbreak was restricted the scale of the crisis at a crucial to a reasonably small area of busy juncture, by contrast with full blown praise for MSF, which reached out three countries meet. Médecins to the media and lobbied foreign governments while working hard at fighting the disease on the ground. As MSF's advocacy spurred goodwill among foreign medical staff, this would hide new cases and contacts goodwill to help came up against a bottleneck in medical evacuation resources; only one company in the world, a US outfit called Phoenix operates air ambulances that are to the community in Macenta, a equipped to transport Ebola patients.

way of predicting that the most letha

had never previously been witnessed

in urban settings, but there is a sense

that the ball was somewhat dropped.

Some of the lessons to be learned

are specific to west Africa, some are

specific to dealing with Ebola, and

youths assembled in a mining town form of the Ebola family, the Zaire

http://dx.doi.org/10.1016, 50140-6736(15)60075-7

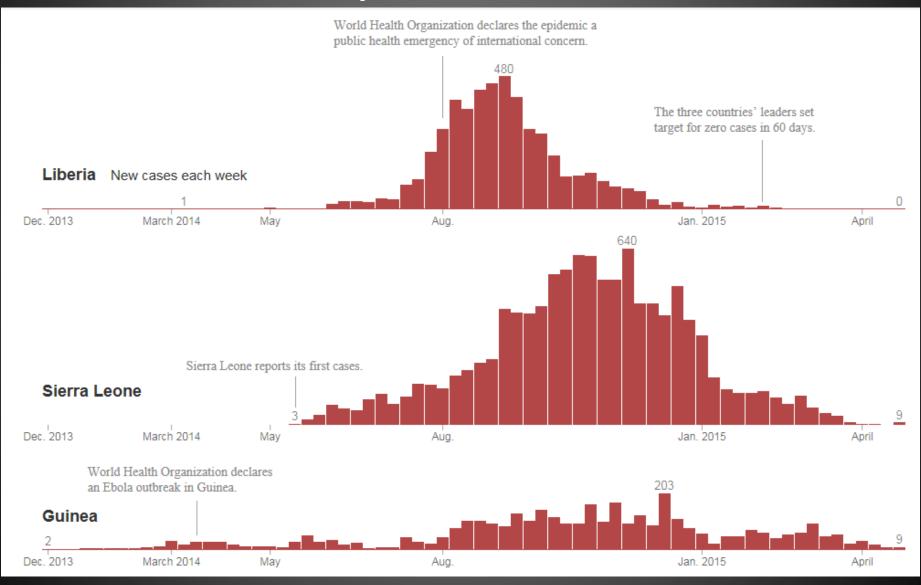
some are globally relevant Ebola is not a particularly difficult scream to the world that case loads disease to contain, as long as tried instigated promptly and completely message seemed muddled to those West Africa has various regional poised to step in. Surprisingly to some characteristics that exacerbated the war and state-wide turmoil, mainly in the 1990s, still leave footprints in the roads, and in a whole cohort of young



The Lancet Feb 2015

- Why didn't WHO declare stage 3 emergency = slowed response
- West African context added to complexity: few doctors, civil war/post-conflict, low trust
- Guinea: initial public "success" was not true: many hidden patients
- Guinea was **not used to UN presence** =conflict
- Suboptimal rural strategy used in **urban** setting
- **Top-down approach** in Liberia better in suburban/urban case detection and guarantines

Three epidemics in one

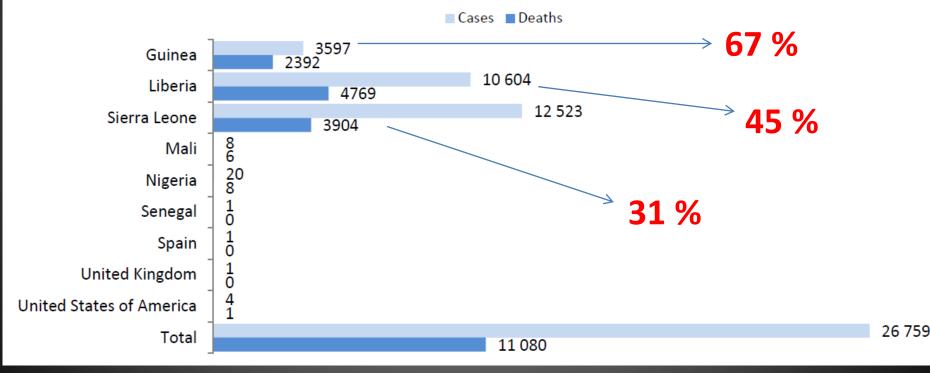


Mortality and the darling factor

27th May 26,971 cases (confirmed and probable) with 11,122 deaths (41 %)

UN Mission for Ebola Emergency Response (UNMEER) External Situation Report 22 May 2015

Figure 1: Confirmed, probable, and suspected EVD cases worldwide (data up to 10 May 2015)



Health worker case fatality

Guiné 56 %

Sierra Leone 68 %

Liberia 80 % (illegal home clinics?)

The multiple girl effect?

- Girls and women more likely to be infected by men who have recovered: virus in semen for 7 weeks
- Women at higher risk as the majority of the health-care workers are women
- women tend to be the ones caring for the sick at home and preparing the dead for funerals.
- Pregnant women seeking antenatal care more likely to be exposed to infected healthcare workers.

During Ebola 2014

Pregnant women attending antenatal care dropped by 30 % (Sierra Leone)

Attended births dropped from 52 % to 38 % (Liberia)

No overall gender difference in mortality

Female 70 % Male 72 %



Women die initially and men later?



Understanding gendered dimensions of health emergencies from cradle to grave

women's compounded vulnerability to Ebola through their role as carers and as they give life

Ebola teaching us resilience

Not only focus on visible manifestations of ill-being without changing the (social and health) structures that underpin them

Current epidemic has raised new questions

Sexual transmission

Handling of hospital waste

Subclinical cases

Modes of transmission: superspreaders

Survivors role in continuos spread / care

Editorial

Lessons from the public health response to Ebola

Journal of Public Health Policy (2015) **36**, 1–3. doi:10.1057/jphp.2014.51; published online 11 December 2014

Current epidemic has raised new questions

New global interest in noncommunicable diseases has shifted focus and funding away from infectious diseases



Resurgence in Guiné: unsafe burials, bodies secretly transported to home, still no burning of corpses

As cases surge in western Guinea, threatening to undermine recent progress in the response effort, Ebola Deeply's Amadou Touré traveled to Forécariah – one of the worst-hit areas in the region. He sat down with Dr. Sakoba Keita. Guinea's National Ebola Response

http://www.eboladeeply.org/articles/2015/05/7894/guineas-dr-sakoba-keita-taxi-drivers-drive-ebola-away/



New strategy:

Incentives to relatives for information Including taxi drivers in health promotion

Resurgence Guiné

- French speaking
- Low prestige (UN / WHO)
- Weak health care
- Huge country
- Many remote inaccessible areas
- Not used to UN or foreign agencies
- Mining and forestry...(new or old phenomea?)



Resurgence Guiné

- Donor Darlings and donor devils:
- Guiné got less economic support than Liberia or Sierre Leone – but 5 times bigger
- All labs in Guiné = 100 ebola tests per day
- One lab in Monrovia = 200 test per day



Reversing Africa's Medical Brain Drain

OXFORD – There is understandable consternation over Uganda's plan to send almost 300 health workers to Trinidad and Tobago. The plan reportedly includes four of Uganda's 11 registered psychiatrists, 20 of its 28 radiologists, and 15 of its 92 pediatricians. In return, the Caribbean country (which has a doctor-to-patient ratio 12 times higher than Uganda's) will help Uganda exploit its recently discovered oil fields.

Uganda's foreign ministry says the agreement is part of its mandate to promote the country's interests abroad through the transfer of skills and technology, as well as an opportunity to earn foreign

Koroma and Lv Infectious Diseases of Poverty 2015, 4:10 http://www.idpjournal.com/content/4/1/10

The trouble is that the so-called brain drain in Uganda and elsewhere is not the cause of this dearth of health-care workers. It is only a symptom of health-care systems that are already in crisis. The ultimate solution is not to discourage professionals from working abroad; it is to ensure better training and more amenable working conditions. That way, we health-care professionals can focus on the task at hand: providing health care to our people.

"In pandemics Chief Medical Officer, & good isn't good enough"

richard horton

Ebola case, May 25, 2014. One lesson.

"Good is good, but not good enough."



Tweet citing chief medical officer Sierra Leone at Sixty-eighth World Health Assembly 18th May 2015



PRODUCTS

INITIATIVES

SERVICES

MISSION

CONTRIBUTE

BLOG

Crowd sourcing epidemic and environmental surveillance

Welcome to Ushahidi

Revolutionizing the way information flows

 Ushahidi
 Crowdmap
 CrisisNET
 Ping
 SMSsync
 BRCK



Make smart decisions with a data management system that rapidly collects data from the crowd and visualizes what happened, when and where.









African CDC needs more money and a strong leader

Ebola spurred US support for pan-African health agency, but centre needs much more to succeed.

Declan Butler

24 April 2015



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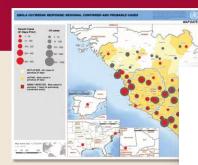


An African CDC

Strengthening West African Health Care Systems to **Stop Ebola**:

Anthropologists Offer Insights

Prepared November 18, 2014





Social scientist feel they are called in too late and Run over my medical researcher



Care of the Sick

A lack of treatment facilities and trained staff places the burden of healthcare on local communities. Patients have tended to seek treatment from family and community members ather than internationally sponsored facilities. Local culture shapes decisions about self-reporting to hosting training members and neighbors, and about quaranties.

Insights:

- Multigenerational Families: Care missages need to be reforused to address the multigenerational interdependence of households. To date, communications have recommended isolation and urged people to avoid contact with the sick; avoid sharing tollef acilities, expourse to bodyli fluids, and. Family cohesion is a top value. Caretakers will not abandon their sick relatives even if it imperis to her family members.
- Palliative Care: Basic medical ethics must be upheld, with palliative care available to all Ebola patients.
- Risk Factor Data: Social science observations are needed immediately on factors involving care-giving, care-seeking, and healthcare provision.
- Rapid Review Cycle: Solutions need to be revisited weekly to realign with evolving local perceptions and needs. Initially, Sierra Leoneans resisted homecare, preferring hospital care. They changed their minds.
- A range of care options is needed, including ETU's and hospitals, CCC's, and home-based care. Prioritizing one modality over another creates gaps in an already weak health infrastructure.
- Home health care kits need to be more widely available, including ORS, rehydration powder, fever medicines, thermometers, soap, and a cell phone/radio to help individuals make decisions about care.
- Clarify the role of CCC's: Are they for quarantining sick patients, regardless of their diagnosis? Asymptomatic people who have been exposed to Ebola? For transitional care?

- Food is medicine. Food should be provided to all at-risk communities. Severe impacts to agriculture, harvest, and food commerce are anticipated in the coming season. Unable to plant and harvest, seed stock will be consumed, thus adding famine to an already high-risk situation.
- Evidence-based Interventions: As the epidemic continues, interventions like IV-treatments should be based on evidence. IV treatments raise culturally sensitive issues among many patients.
- Medical experimentation has a long, checkered history of abuse in the region. Mary local populations distrust foreign and state-supported medical experimentation campaigns. Their concerns must be taken seriously and addressed with seriotity. This is also true in the context of medical care. In Mali, caregives who arrived with food, medical supplies, and bedding rather than authoritatively taking family members away were better
- Sexual transmission poses a critical public health risk that could transform the epidemic into a nendemic, region-wide presence. Experience with HIV/AIDS programs in Wiest Africa indicates that basic communications will not suffice. Abstinence-only or condom-recommended messages will not work unless paired with grassroots programs on prevention, sexual behaviors, and response. Sexually transmitted Ebola could also create social stigma or shurning. Thus, education must be handled carefully.
- Survivor Research: Social science research is needed to understand the current conditions, experiences, and dispositions of survivors. Ebola response programs should not assume that survivors are writing to work on Ebolarelated issues. They may want nothing to do with Ebola ever again. Clinically, we do not know enough about the duration of Ebola antibodies to position recent Ebola patients in caregiving capacities.



Health Communications

Communications to date have largely involved one-way messaging delivered via posters, and not local dialogue, information exchange, and feedback via cell phones. Along with inadequate data centralization and identification, this communications approach has undermined efforts to respond to rapidly changing circumstances. Correcting this imbalance will build trust, share information, and steamline multiple systems of prevention and resporse. Two-way communication allows institutions to rapidly become waver of local rumors, so steps can be taken to dispel myths before they become fodder for conflict and resistance.

Insights:

- Problematic content: Early fear messages drove Boble reports underground: Ebola communications need to take an open, educational approach that explains why and how the situation is evolving. Local communities have rapidly learned and mastered a core set of messages about bools transmission, management, and treatment strategies. What they now need is detailed, specific, and relevant information that integrates local ideas of disease and misfortune.
- Health beliefs: Reople in the affected areas simultaneously pursue multiple healing strategies, and don't see a conflict between, for example, Christian of the conflict conflict of the conflict of the conflict entirely reasonable that people accept sophisticated public health messages about 150s causes, management, and transmission, while also accepting alternate explanations, such as 150s is caused by sophis
- Local views about symptoms thought in terms of "small sickness" vs. "big hospital sickness" can lead to communications campaigns that help individuals undertake self-referral and quarantine behaviors in a timely manner.
- Best practices: Work through established community leaders, door-to-door campains, use social networks and "social learning", use hopeful, positive, empowering messages, encurage—but don't coerce —arrivors to talk about their experiences, distribute free transistor radios and cell phones to facilitate the flow of information between local communities and response coordination, especially in remote areas.

- Work with all religious communities: Pentecostal and Seventh Day Adventist are the fastest growing religions among Liberians and Sierra Leoneans, and need to be better integrated into the Ebola response. In Guinea, the national network of Imams is a trusted voice of authority than can be better utilized.
- Mixed messages: Concern about "mixing messages" has created limitations. Information about homecare has not been emphasized because responders want to get people to the treatment units. The Ebola response should "meet people where they are" and provide information to carecives where they are.
- Develop longer-form communications outlets: Take
 advantage of locally favored channels: call-in shows,
 fineside chats, radio trainings on home or CCC-based
 healthcare, G&A intenet shows, and diaspora broadcasts.
 Multimedia can have great reach, like the video of a
 liberian nurse who provided homecare to her family, which
 was shared on cell phones across Monrovia and reported
 even further by word of mouth.
- The cultural concept of "home": Home means, "Where are your people from" as well as "where do you live." Most people have many homes. When people hear "stay in your home" in Sierra Leone, they may think, "ok, I'll just go home to my grandmother's house in the village to wait out the lockdown."
- Photojournalism: Far greater photojournalist restraint is needed. Images of the sick and dying create a hostile, discriminatory perception of West Africans globally.
- Emphasis on "care" not "war" Imagery: With war a recent memory in the region, metaphors for the fight' against Ebola can resurrect social conflicts and divisions. Messaging should rely on themes of caregiving and responsibility. A requested "gift" of blood will be more welcome than a demand for blood to fight a battle.





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FEATURE

An epidemic of fear

Psychologists' research is guiding governments and health leaders in their efforts to communicate with the public during disease outbreaks.

Monitor Staff 2015. Vol 46. No. 3 Print version: page 46



As Ebola raged in West Africa last fall, the United States battled an outbreak of "fearbola," the term the media invented to describe a paranoia that infected this country.

Although there were only 10 confirmed U.S. cases — all of them people who had direct, prolonged contact with Ebola patients parents in Texas, Mississippi and New Jersey pulled children out of school after other students or administrators had chance encounters with Ebola patients or visited West Africa, and a teacher in Maine was put on leave after attending a conference in Dallas where the first U.S. case was discovered. The states of New York, New Jersey and Illinois mandated 21-day quarantines for health workers who had treated Ebola patients in West Africa, and Connecticut reserved the right to guarantine anyone believed to have been exposed to the virus

Though the spread of Ebola may have come as a nasty shock to many, psychologists weren't surprised at people's outsized fears.

"What happened was quite consistent with what we know about risk perception," says Paul Slovic, PhD, professor at the University of Oregon and president of Decision Research, a nonprofit whose scientists study human judgment and decision making. "The minute the Ebola threat was communicated, it hit all of the hot buttons: It can be fatal, it's invisible and hard to protect against, exposure is involuntary and it's not clear that the authorities are in control of the situation."

For four decades, Slovic and other psychologists have studied how people perceive risk and what causes them to overreact to epidemics, terrorist attacks and other extreme events, even when their personal risk is infinitesimal, yet at the same time be less attentive to other threats that are far more likely to harm them, such as the flu.

Those misplaced reactions can lead to the stigmatization of p on top of a current crisis. In response, psychologists are help public to help make sure actions meet needs.

Novel threats provoke anxiety

Psychologists also want to help

Framing risk, reducing panic

Timely, honest communication from a source an audience deems credible is essential to containing fear during an epidemic, but governments have the tough job of explaining risk and telling people how to act without also seeding alarm, says Carnegie Mellon University psychologist Baruch Fischhoff, PhD. He chaired the Food and Drug Administration's Risk Advisory Committee and the Environmental Protection Agency's Homeland Security Advisory Committee.

"The discipline is very straightforward: Identify the few things that people most need to know and figure out how to explain them in clear, trustworthy terms," Fischhoff says.





POLICY FORUM

Strengthening the Detection of and Early Response to Public Health Emergencies: Lessons from the West African Ebola Epidemic

Mark J. Siedner

, Lawrence O. Gostin, Hilarie H. Cranmer, John D. Kraemer

Published: March 24, 2015 • DOI: 10.1371/journal.pmed.1001804

- A more precise system to risk stratify geographic settings susceptible to disease outbreaks
- Reconsideration of International Health Regulations
 Criteria to allow for earlier responses to localized
 epidemics before they reach epidemic proportions
- Increasing flexibility of the World Health Organization director general to characterize epidemics with more detail

Split WHO in two



Available online at www.sciencedirect.com

Public Health

journal homepage: www.elsevier.com/puhe

WHO: Past, Present and Future

Split WHO in two: strengthening political decision-making and securing independent scientific advice

Steven J. Hoffman a,b,c,d,*, John-Arne Røttingen c,d,e,f

WHO's professional staff:

43.8% medical specialists

0.1% are economists

1.4% lawyers

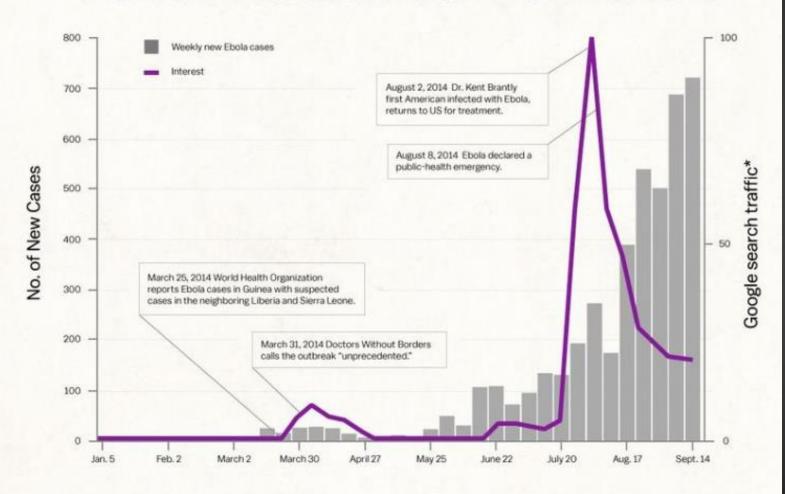
1.6% social scientists

Margaret Chan's plan to change WHO

- Establish a \$100 million emergency reserve fund that can finance field operations for up to three months in response to an infectious disease outbreak;
- Create a rapid response team that can be deployed quickly to provide services on the ground;
- Set up a review committee to consider improvements to the International Health Regulations and their requirements that states set up robust disease surveillance systems; and
- Develop a semi-autonomous committee within WHO, insulated from political pressures, that will have responsibility for declaring global health emergencies.

Losing the grip — easing political pressure

PUBLIC INTEREST VS. EBOLA CASES



Sources: Google Trends / The New England Journal of Medicine



^{*}Reflecting how many searches have been done for a particular term, relative to the total number of searches done on Google over time. Data is normalized and presented on a scale from 0-100.

Ebola? — what's that?

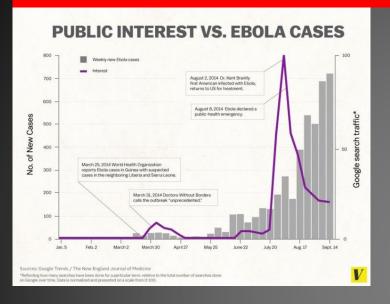
Ebola Was the Wake-Up Call for Global Health...

Are We in Danger of Hitting the Snooze Button?

"The most common final end to a pandemic is what I call profound amnesia. SARS? What's that? We are not yet at 'Ebola? What's that?' But I guarantee you we will be there. And that's the real problem."

Howard Markel, MD, PhD, the George E. Wantz Distinguished Professor of the History of Medicine at the University of Michigan [Source]

Losing the grip — easing political pressure



"That's exactly what happened after H1N1 in 2009 – we lost the grip"

Julio Frenk, former minister of health Mexico, now Havard

Preparedness epidemic

9/11 got us on the wrong track down a blind alley

Before September 14

most researchers in global health would not have considered it good public policy to allocate limited resources toward developing an effective vaccine against Ebola virus disease



Weekly topics

BRICS countries (Brazil, Russia, India, China and South Africa) (25 % of global GNI):

Articles.

Home

Very little
Disorganised
Unfocused

BRICS and global health: the case of the Ebola response

Articles

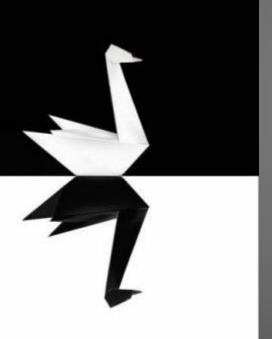


By Guanyang Zou on May 14, 2015

Guanyang Zou (China Program, COMDIS Health Services Delivery Research Consortium, University of Leeds, Shenzhen, China & Institute for International Health and Development, Queen Margaret University, Edinburgh, UK) wrote this blog together with Kristof Decoster (ITM), Swati Srivastava (PHFI, India), Bhaskhar Purohit (PHFI, India & Indian Institute of Public Health Gandhinagar (IIPHG)), Shakira Choonara (University of the Witwatersrand) and Daniel Eduardo

Henao Nieto (Fundación Universitaria Autónoma de las Américas, Pereira, Colombia)

Ecola wasn't the Black swan



We wanted it to be

IM NOT TOTALLY USELESS.

I CAN
BE USED AS A
BAD EXAMPLE.



Infectious diseases are like people: they are born, grow and die. But it's only through the actions of human beings that they can complete that life cycle. It's up to human beings to break it

Dr. Sakoba Keita, Guinea's National Ebola Response Co-ordinator



Crises is the new normal

Lets prepare for normal